

**Learning for Life Values Poster Award  
Unsolicited Pupil Feedback 2008**

**Year 7**

If I had not had to produce this poster, I would not have thought twice about people who are so different to me and my friends the poster taught me so much, not just about other people in other ways of living also about myself.

*Lucy Scotts, Putney High School, Year 7*

This project has really made me think of important values and qualities in life and how much we are able to do in life and what we can accomplish. It is also showed me the true meaning of different things such as love, happiness and confidence. It has been really fun and interesting to learn about all this.

*Zoya Afzal, Putney High School, Year 7*

This project has taught me that ideals are inspirational and help you to live life better if you try to live up to them. I have learned what mine are, and I doubt I'll ever forget them.

*Iona Casley, Putney High School, Year 7*

**Year 8**

This poster has really made me think about my life and my ambitions for the future. I have learned much more about myself and have been amazed at what I never knew about myself and it would probably have stayed that way if I had not done this project. I have had a lot of hard times in my life but now this project has taught me to hold my head high – now I am more optimistic and I always try to look for the best in things, no matter how hidden and disguised they are.

*Eilidh McTavish, Elgin High School, Year 8*

I have learned a lot from creating this poster. I have learned that I am so lucky to be living and have a home, family and friends.

*Natasha Watt, Banff Academy, Year 8*

This project has made me realise that there are more important things in the world than the latest gadgets and gizmos. Friendship, beliefs and opinions are always more important. It has made me realise that the most ordinary person could be some inspirational like my mum and my sister who always supported me. It is also reminded me that the way you live your life can affect others and affect the way you look at life.

*Heather Henderson, Queen Anne High School, Year 8*

Learning for Life has shown me that my life is not hard and difficult - people out there have bigger problems than me but they are braver than me. Even if you have a problem, you can overcome it and be stronger than ever before. This Learning for Life project has touched my heart.

*Hannah Gordon, Queen Anne High School, Year 8*

Throughout this Learning for Life competition, I have realised that there is more to life than just living. You only live once so do as many things as you can throughout your life. I really enjoyed the project and it has taught me a lot - it wasn't just a competition but a secret lesson teaching you about life.

*Ben Boyes, Selkirk High School, Year 8*

This project helped me make the choice between comfortable or an uneasy life. From now on, there is no more trying to be cool and changing to fit in. As long as I am a good friend and fun to be around, my friends and I should be happy.

*Georgina Stewart, St Georges School, Year 8*

Doing this poster has really made me think about what matters in life and how money isn't one of them. As long as I develop my chosen qualities, I should do quite well in life!

*Iona Murray, Monifieth High School, Year 8*

I have really enjoyed making this poster and it has taught me a lot about myself and the ways I should and shouldn't live my life.

*Timothy Ness, Monifieth High School, Year 8*

While doing this poster I've learned that you should live life to the full, because it is short and there is no use worrying about things. We should all live in peace and do our best to be good Samaritans and help those around us as we would like to be helped in times of suffering and hardship.

*Caitlin Davis, Monifieth High School, Year 8*

Doing this project I have learned a great deal about life and also how fortunate I am. I now realise that in order to achieve something you really have to try and you have to be prepared not to succeed at first.

*Hazel Noble, St Georges School, Edinburgh, Year 8*

Making this poster has helped me to gain a better understanding of myself and the world.

*Sofia Davarda, La Rosa High School, Cavalese, Italy, Year 8*

It is during our struggles that we begin to discover the largest truths and develop the values that govern our lives. I have learned that hope is vital to the existence of the spirit and without it we are nothing.

*Shey Daisy, Washwood Heath School, Year 8*

When I eventually pass away, I'd like to be remembered as someone who cared about everyone, was loyal and a good friend. I've found that doing this project has really made me think about myself...for once!

*Sophie Rebecca Austin, Radyr Comprehensive School, Year 8*

Overall this project has taught me a lot about myself that I have learned what I need to improve on what I really think of myself. I'm excited about trying new things and I hope that I will be able to conquer the goals of life.

*Sae Kohara, Putney High School, Year 8*

The way I see the world and the way others see the world is different, but I do know that everyone who has done this project will have changed their ideas about how they see things. I now appreciate the things that are really important.

*Katherine Monks, Putney High School, Year 8*

## **Year 9**

This project has taught me that life is a mission.

*Darryl Rees, Kemnay Academy, Year 9*

This project has changed my outlook on life and has made me think more about the world itself. I had never realised just how important the little things in life are. Not only have I realised a lot about myself through doing this project but also the real value of friendship. I hope to remember this project in the future to help me out with my problems and benefit me in the situations I may find myself in.

*Nicola Howitt, Kemnay Academy, Year 9*

As soon as I started this poster I began to think very differently. The themes and inspirations lit up many paths in front of me. It suddenly hit me how precious life is. When looking for inspirational figures it pained me to see what some people have been through. I began to see how lucky and blessed I am. I now see life as a very complex and fragile network of choices and paths, each one leading us into a new world.

*Suhaib Ahmed Siddiqui, Glasgow Academy, Year 9*

This project has changed the way I look at the world. I have realised that the most important things in life are:

- To have a positive outlook
- To have friends, family and people you care about to be there to help you when things are really bad and you're feeling down.

I've also learnt never to doubt yourself if you think you can do something and have the ability. Then go for it! If you want to achieve your lifelong ambition there's nothing stopping you apart from yourself. Go after your dreams even if you have to jump a few obstacles that are in the way.

*Ceilidh Wright, Loudoun Academy, Year 9*

This project has taught me more about myself, my attitude to life and my personality than a lifetime of compliments and criticisms ever will. Making this poster has allowed me the opportunity to step back and remember what is important to me. Looking up the quotes for the 'favourite quotations' section, I really found out how inspiring people can be. The quotations taught me some very useful lessons that I will remember for life.

*Lily Mortimer, Glasgow Academy, Year 9*

Learning for Life has really made me embrace my core values and made me think who I am as a person and how I can help others in need. It has shown me that a friend in need is a friend indeed. It has taught me not to look up to footballers and rugby players for inspiration but to look up to the people who have really made a difference in the world. I feel a changed person after writing this and I hope others do as well.

*Tim McAlpine-Scott, Glasgow Academy, Year 9*

This project has been fun to do because it lets me put my voice across and hopefully people will listen, which is a big change for me and I'm thankful for the opportunity.

*Holly McKenzie, Elgin High School, Year 9*

This project has helped me find out what is important in life and what matters. Once I discovered my inspirational figure (Anne Frank) and what my ideals were (gratitude, courage, optimism, listening) then everything fell into place in my mind. I know what I should change in myself and how I should react to different circumstances. I have matured while doing this project and have learned a lot of life skills.

*Kasia Button, Aboyne Academy, Year 9*

I think this poster has had a good influence on me because it has showed me important traits and qualities in our lives, for instance honesty and integrity. It has also made me think

about the future as we had to research our own inspirational figure (Helen Keller) and this has taught me that if you want to be successful in life you have to have perseverance, respect and confidence.

*Sarah Grant, Turriff Academy, Year 9*

After keeping the Learning for Life diary for a few weeks I have learned a lot about myself that I never knew before. I have realised that there are more important things in life than wealth or fame and that we should love life and embrace the challenges thrown at us. I used to be pessimistic and worry about everything, but now I believe that we should all be optimistic about the future.

*Lauren Taylor, Elgin High School, Year 9*

This poster has really helped me open up to myself and I have definitely noticed what I want to achieve for the future. Now that I have done this project I have made it clear to myself that I really can have a medical career if that's what I want.

*Katie Parsons, Aboyne Academy, Year 9*

This poster made me realise what is important in life and has made me believe in myself – that I can do the things I want to do in life. The example of Mother Teresa, who looked after other people – which is what I would love to do – has made me want to follow in her footsteps.

*Claire Louise Duffus, Turriff Academy, Year 9*

This project has shown me that I value qualities like bravery and kindness in myself and other people, which I see as connected with selflessness, modesty and friendship.

*Christian Brinsden, Aboyne Academy, Year 9*

Before I started this project, I thought that all my friends had it better than I did. I thought that trying to fit in was the most important thing in the world. Then, when I started to think about Anne Frank's life, I realised that compared to some people, life for me is actually really easy. Anne Frank had to deal with being Jewish, being completely shut off from the outside world and putting up with the same people 24/7. I suddenly realised that I'm really lucky and I'm glad I had the opportunity to work on this project.

*Amy Watt, Selkirk High School, Year 9*

This project has changed the way I look out on the world. It will help me in future situations and problems. It has made me understand that not everyone will see things my way.

*Gemma Lynch, St Margaret's School, Year 9*

As I have worked on this poster several things have kept coming back to challenge me over and over again. I stopped to think about the meaning of life, why we are all here, and in response to this how short life can be. I feel that we really have to grasp hold of each day as it comes, and live it to the full and be really thankful for the friends, family and people that we share our life with. It has made me realise that I take a lot for granted.

*Gareth Fleming, St David's High School, Year 9*

When I was younger, I believe that my future would be rubbish -- just like my past. However, I have changed my view: I want a bright future. A future where I am happy. A future where I can fulfil my dreams and ambitions. I know there is some justice in the world -- we just need to find it. I want to become a barrister to help find that justice. I just need the willpower in myself to achieve all of these things.

*Nafeesa Hamid, Parkview School, Birmingham, Year 9*

Creating this poster has been a real inspiration for me. It has helped me to understand others, the world surrounding me and the people in it, and what makes them who they are. This makes me realise how important those things we usually take for granted are: love, friendship and happiness. Not just to receive, but also to give and share.

*Aleena Yasin, Hodge Hill School, Birmingham, Year 9*

I think that from this poster and the web site that I can improve on my life by trusting other people, loving those around me and always telling the truth. I enjoyed doing this poster because I learned some new things.

*Rashed Ahmed, Bishop Gore School, Year 9*

This project had helped me learn a lot about the values of life – you have to work hard to get where you want to be.

*Katie Millward, Glen Derw High School, Year 9*

## **Year 10**

By writing this Learning for Life poster I have realised that we (I) should always believe in ourselves, listen to our heart, trust our instincts, know our own strengths, dream it, dare it. Do what you're afraid of, keep the faith, follow your vision. And remember, anything is possible if only you believe.

*Daphne Ferrer, Gracemount High School, Year 10*

After completing this project I now understand how vital it is in life to remain positive, be strong and not be determined by events. I'm going to try to remember the saying, 'What is defeat? Nothing but education; nothing but the first steps to something better.'

*Kate Keohane, George Heriot's School, Year 10*

In this project my thoughts about life have become clearer. In my opinion life is like a great big canvas, so you should throw all the paint you can on it because the more you give in life the more beautiful it becomes.

I enjoyed looking through the different kinds of quotes and feeling that some can be related to me and those around me. I loved choosing my inspirational figure Martin Luther King. Without him and his actions, I wouldn't have the life I have now because of the colour of my skin. He made me believe that the sky is the limit and I can be whatever I want to be or do what I want and that nothing can hold me back. The project has made me realise how people, quotes, stories and emotions can affect who I am and who I might become.

*Joanne Marie Sulit, Bryngwyn School, Year 10*

### **Year 11**

I have learned a lot from making this poster – that I shouldn't take things for granted and that I should stand up for what is important in life. It has made me think a lot more clearly. I should always try to be positive about difficult situations as this will help me get through them.

*Samantha Parker, Notre Dame High School, Year 11*

I found it hard choosing the different qualities as they are all important to me. The quotes I chose mean a lot to me because I think you can't judge people and you can't just sit back and expect to have the things you want without working for them.

*Nicola Black, Notre Dame High School, Year 11*

My own life has shown me that successful living and personal development depend on the kinds of themes and subjects that this poster has made me think about.

*Gareth Peace, Gorgie Mills School, Year 11*

I have learned that every action we take will go on to touch countless other lives. And these lives will touch others. So I feel that the most important thing in life is always to do the best for others; it could change the world.

*Conner Gettings, Notre Dame High School, Year 11*